



This week's **Eco** tip is about making a conscious effort not to use disposable cups or bottles.

Could you invest in buying a reusable cup/water bottle that is sustainable and that you could bring with you to church to drink your tea and coffee after the service?

By choosing a reusable cup, you can contribute to reducing this waste. If you drink two takeaway coffees a week, you could reduce waste by over 100 disposable cups a year. Bringing your cup to Holy Trinity will help us save money by not purchasing as many cups. And as a bonus, did you also know that many coffee shops now offer a discount if you use a reusable cup? So it is worth checking the discount available.

I will be on the lookout and ready to take photos of those of you that do on Sundays 😊

Cara