

Home Communion

Sunday 17th January 2021

The 3rd Sunday of Epiphany – The Conversion of Paul

In the Gym - “Exercising Our Forgiveness Muscle”

Introduction

Prayer of Preparation

All **Almighty God,**
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

BEHOLD THE LAMB WHO BEARS OUR SINS AWAY,

Slain for us: and we remember:

The promise made that all who come in faith

Find forgiveness at the cross.

So we share in this Bread of life,

And we drink of His sacrifice,

As a sign of our bonds of peace

Around the table of the King.

The body of our Saviour, Jesus Christ,
Torn for you: eat and remember
The wounds that heal, the death that brings us life,
Paid the price to make us one.
So we share in this Bread of Life,
And we drink of His sacrifice
As a sign of our bonds of love
Around the table of the King.

The blood that cleanses every stain of sin,
Shed for you: drink and remember
He drained death's cup that all may enter in
To receive the life of God.
So we share in this Bread of Life,
And we drink of His sacrifice,
As a sign of our bonds of grace
Around the table of the King.

And so with thankfulness and faith
We rise to respond: and to remember
Our call to follow in the steps of Christ
As His body here on earth.
As we share in His suffering,
We proclaim: Christ will come again!
And we'll join in the feast of heaven
Around the table of the King.

Confession

**Almighty God,
long-suffering and of great goodness:
I confess to you, I confess with my whole heart
my neglect and forgetfulness of your commandments,
my wrong doing, thinking, and speaking;
the hurts I have done to others,
and the good I have left undone.
O God, forgive me, for I have sinned against you;
and raise me to newness of life;
through Jesus Christ our Lord. Amen.**

Absolution

COLLECT FOR THE 3rd SUNDAY OF EPIPHANY

**Almighty God,
whose Son revealed in signs and miracles
the wonder of your saving presence:
renew your people with your heavenly grace,
and in all our weakness
sustain us by your mighty power;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. AMEN**

Reading – Matthew 18 (21-35)

This is the word of the Lord

All Thanks be to God

Talk

Prayers

The Peace

The Communion

The Lord is here.

His Spirit is with us.

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us, but came to meet us in your Son.

All **You embraced us as your children and welcomed us to sit and eat with you.**

In Christ you shared our life that we might live in him and he in us.

All **He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

All Father, we do this in remembrance of him: his body is the bread of life.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

All Father, we do this in remembrance of him: his blood is shed for all.

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son.

All As we eat and drink these holy gifts make us one in Christ, our risen Lord.

With your whole Church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song of heaven:

All Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest.

Let us pray with confidence as our Saviour has taught us
**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

**FROM HEAVEN YOU CAME HELPLESS BABE,
Entered our world, your glory veiled;
Not to be served but to serve,
And give your life that we might live.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.**

There in the garden of tears,
My heavy load he chose to bear;
His heart with sorrow was torn,
'Yet not my will but yours,' he said.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.

Come, see his hands and his feet,
The scars that speak of sacrifice,
Hands that flung stars into space
To cruel nails surrendered.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.

So let us learn how to serve,
And in our lives enthrone him;
Each other's needs to prefer,
For it is Christ we're serving.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.

The Final Blessing